BOOK LEAGUE CLASSROOM

A Little Spot of Kindness

WATCH THE READ ALOUD

Written and illustrated by Diane Alber · Grades PreK to 3

Kindness is a choice you can make every day, in lots of small ways.

BEFORE YOU READ

Ask. What is something kind someone did for you?

Listen for. As we read, count how many different ways to be kind the book shows.

TALK ABOUT IT

1. Name three ways the children in the book are kind. Remembering
2. Why does the spot of kindness have a sticky back? Understanding
3. Which kind act from the book could you do today? Who would you do it for? Applying
4. Breaking a crayon and waiting in line are hard moments. Why might it be harder to be kind then? Analyzing
5. Which kind act in the book do you think matters most? Explain your thinking. Evaluating
6. Invent a new page for the book that shows another way to be kind. Creating

LOOK CLOSER

Find the page where the boy says he cannot draw. Look at the girl's face and what she is pointing at. How do the pictures show that her words help?

WORDS TO KNOW

encouraging giving someone hope or courage.

polite using good manners.

supportive helping someone feel better.

patient able to wait without getting upset.

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A Little Spot of Kindness

WRITE ABOUT IT

Write about a time you were kind to someone. How did it make you both feel?

PreK to grade 1: draw yourself doing one kind thing from the book, then tell an adult what to write.

Grade 3 and up: write a new page for the book showing a kind act that is hard to do.

MAKE IT: KINDNESS SPOT WEEK

You need. Small round stickers or paper dots, a simple weekly chart.

1. Give each child one colored spot to put on their hand, like the book shows.
2. Each time a child notices the spot, they choose a kind act.
3. At the end of the day, add a spot to the chart for each kind act.
4. At the end of the week, talk about which kind acts were easiest and hardest.

THE STORY IN BRIEF

A little spot of kindness has a sticky back so it can help kindness stick to us, and it comes in many colors so it is easy to see. Every time you spot it, you do something kind. The book shows children practicing kindness in everyday moments: cheering up a friend who thinks his drawing is bad, sharing a toy, inviting a lonely child to play, saying please, apologizing for breaking a crayon, helping, cleaning up and waiting patiently in line. Each moment names a different way to be kind. At the end, readers are invited to keep track of their kind acts for a whole week.

WHAT THIS BOOK BUILDS

CASEL SKILLS

Relationship Skills. Sharing, helping and saying hello build friendships.

Social Awareness. The children notice when someone is sad or alone.

Responsible Decision Making. The book shows kindness as a choice we can make.

CHARACTER STRENGTHS

Kindness. Every page shows a different kind act.

Fairness. Sharing and waiting your turn are part of being kind.

Self Regulation. Staying patient in line takes self control.

COMMON CORE ELA

K RL.K.1, RL.K.3, RL.K.7, SL.K.1, W.K.3

Grade 1 RL.1.2, RL.1.3, RL.1.7, SL.1.1, W.1.3

Grade 2 RL.2.2, RL.2.3, RL.2.7, SL.2.1, W.2.3

Grade 3 RL.3.2, RL.3.3, RL.3.6, SL.3.1, W.3.3

FIND IT BY

Themes Kindness, Manners, Friendship, Sharing

Season Any time

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