BOOK LEAGUE CLASSROOM

The Good Egg

WATCH THE READ ALOUD

Written by Jory John, illustrated by Pete Oswald · Grades PreK to 3

Being good to others is important, and so is being good to yourself.

BEFORE YOU READ

Ask. What does it mean to be a good friend to yourself?

Listen for. As we read, listen for what causes the cracks in the egg's shell.

TALK ABOUT IT

1. Name three good things the egg does for others. Remembering
2. Why does the egg's shell start to crack? Understanding
3. The egg takes walks, reads, writes and paints to feel better. What helps you feel calm? Applying
4. How does the egg act toward the other eggs before he leaves, and how does he act after he comes back? Analyzing
5. Is it okay for the egg, and his friends, to be less than perfect? Explain your thinking. Evaluating
6. Plan a day for the egg to take care of himself. What would he do first, next and last? Creating

LOOK CLOSER

Look at the egg's shell from the start of the book to the end. When do the cracks show up, and when are they gone?

WORDS TO KNOW

behavior the way someone acts.

pressure a strong feeling that you have to do something.

exhausted very, very tired.

realized understood something for the first time.

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WRITE ABOUT IT

Write about a time you tried to help so much that you got tired or upset. What did you do to feel better?

PreK to grade 1: draw one thing that helps you feel calm, then label it or tell an adult what to write.

Grade 3 and up: retell the day the egg comes home from the point of view of one of the other eggs.

MAKE IT: MY RECHARGE LIST

You need. Paper, crayons or pencils.

1. List everything the egg does for himself while he is away.
2. Each child writes or draws four things that help them feel calm and rested.
3. Star the one that is easiest to do at school or at home.
4. Keep the list somewhere handy to use when feeling cracked or scrambled.

THE STORY IN BRIEF

An egg tells us he is a very good egg who rescues cats, carries groceries and paints houses. He grew up in a carton of a dozen eggs, and the other eleven, including Meg, Peg and Greg, did not behave. He tried to fix them all and keep the peace, but nobody seemed to care and he wore himself out. When cracks showed up in his shell, his doctor said it came from the pressure of making everyone as good as him. He left, wandered from town to town and finally took time for himself. His cracks healed. He went home glad to see his friends, ready to enjoy them as they are without fixing them or himself.

WHAT THIS BOOK BUILDS

CASEL SKILLS

Self Management. The egg learns to take breaks and care for himself.

Self Awareness. He notices the cracks and listens to what they mean.

Relationship Skills. He returns to his friends and accepts them as they are.

CHARACTER STRENGTHS

Kindness. He helps others all day long, and finally shows himself kindness too.

Self Regulation. He learns to worry less and slow down.

COMMON CORE ELA

K RL.K.1, RL.K.3, RL.K.7, SL.K.1, W.K.3

Grade 1 RL.1.2, RL.1.3, RL.1.7, SL.1.1, W.1.3

Grade 2 RL.2.2, RL.2.3, RL.2.7, SL.2.1, W.2.3

Grade 3 RL.3.2, RL.3.3, RL.3.6, SL.3.1, W.3.3

FIND IT BY

Themes Self Care, Perfectionism, Feelings, Friendship

Season Any time

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